



A) Educational Qualifications

Degree	Year of Passing	University/Institute
Ph.D.	2003	M.D.University, Rohtak
M.Phil.	1987	K.U.Kurukshetra
PG (M.A. Psychology)	1986	M.D.University, Rohtak
UG	1982	M.D.University, Rohtak
Other (PG, M.A. English)	1984	M.D.University, Rohtak

B) Career Profile

Designation	Institution served	Duration	
		From	To
Lecturer	S.J.K. College, Kalanaur	1987	1991
Lecturer	University College, M.D.U. Rohtak	1991	2006
Lecturer	Pt. NRS Govt. College, Rohtak	2007	2008
Associate Professor	Psychology Department, M.D.University, Rohtak	2008	Till date

C) Research Advisory

Number of students supervised	Ph.D.	M.Phil.
		2 Under supervision

D). Publications

Published in refereed/peer Reviewed journals: 5 research papers

1. Sonia Malik and Rajbir Singh (2004). "Reliability and Validity: Psychometric Features of Verbal Measure of Time Orientation", *Psychology of Individual Differences*, Delhi: Wisdom Publication.
2. Midha, P. and Malik, S. (2010). E-Health: Changing Psycho-Socio Dynamics, *M.D.U. Research Journal*, Vol. 9 No. 1.
3. Midha, P. and Malik, S. (2010). Emotional Intelligence among Professional : A Cross-Sectional Study, *M.D.U. Research Journal (Arts)* , Vol. 9 No. 1.
4. Midha, P. and Malik, S. (2011). Impact of oral Health on the quality of life in elderly with and without dentures, *Journal of Indian Health Psychology*, Vol. 5, No. 2.
5. Malik, S. and Midha, P. (2011). Women's attitude towards family planning: A study of inconsistency between attitude and behaviour. *Indian Journal of Psychology and Education*, Vol. 1, NO. 2 (In Press)

Participation in conference / seminars

1. Attended Mid-Term CME – Indian Psychiatric Society (North-Zone) "Management of Depression" organized by Dr. Vidya Sagar, Department of Psychiatry, Pt. B.D.S. PGIMS, Rohtak
2. Attended National Seminar on "Psychology and National Development". Psychology Department, K.U. Kurukshetra held on 21-22 Dec. 1997.
3. Attended Panel Discussion on Promoting Well-Being : Challenges in the new Millennium, Psychology Department, M.D.U. Rohtak held on 19 Feb. 2002.
4. Attended National Seminar and 6th National Conference of Praachi, Presented a paper, "Measurement of Time Perspective : A Tryout on Self-Report Inventory. Psychology Department, M.D. University, Rohtak held on 11-12 Oct. 2002.
5. Participated in One Day Workshop on Course Program Curriculum Development, organized by Psychology Department, M.D. University, Rohtak on 17.01.2004.
6. Participated in ICSSR sponsored seminar on Substance Abuse/Misuse in North-Western Region of India: Causes, consequences and remedies, organized by Psychology Department, M.D. University, Rohtak on 31st Jan. 2004.
7. Participated in 8th International and 39th National Conference of Indian Academy of Applied Psychology (IAAP) on Positive Health and Well-Being organized by Psychology Department, M.D. University, Rohtak on 15th -17th July 2004.
8. Participated in Seminar on Socio-Psychological Problems of Youth Prevention and Intervention organized by Departments of Psychology and Sociology, Govt. College Bahadurgarh
9. Participated in National Seminar on Psychophysiology of Well-being Psychology Department, M.D. University, Rohtak on 28th to 29th March, 2006.

10. Participated in One Day Workshop on Projective Technique, Psychology Department, M.D. University, Rohtak on 31st March, 2007.,
11. Participated in National Seminar on Positive Perspective of Health and Individual Behaviour Psychology Department, M.D. University, Rohtak on 1st to 2nd Feb. 2008.
12. Participated as delegate in the Seminar on Haryana: Making Women Empowered held on 19th Nov. 2008 in Haryana Pavilion of Indian International Trade Fair (IITF), Pragati Maidan, New Delhi.
13. Participated in Sensitivity / Awareness/ Motivation Workshop on Capacity Building of Women Managers in Higher Educational Sponsored by University Grants Commission and organized by Bhagat Phool Singh Memorial Girls College, Khanpur Kalan (Sonipat) BPSM Vishwavidhyalaya, Khanpur Kalan, Sonapat (8.12.2008 to 12.12.2008).
14. Participated in Midterm CME organized by Indian Psychiatry Society, North Zone, Psychiatry Department of PGIMS, Rohtak (26th April 2009).
15. Participated in Annual Conference of Haryana Psychiatric Society (21-22 Nov. Karnal).
16. Participated in IV International Symposium on Cognition, stress and mental health organized by Psychology Department, Banaras Hindu University, Varanasi. Also presented Paper entitled, Does Intelligence Buffer Sunk Cost and this paper was adjudged best paper of the session. Also co-chaired one scientific session. (Dec. 14-16, 2009).
17. Participated in two days National Seminar on Psychology: Trends and Directions, Organized by the Deptt. of Psychology, B.L.J.S. College Tosham, Bhiwani (22-23 Jan. 2010).
18. Participated in One Day Workshop on "Experiential Training and Development organized by M.D. University, Rohtak (11.02.2010).
19. Attended a National Seminar on "Gender Policy in India: Problems and Prospectus" organized by the Department of Public Administration, M.D. University, Rohtak (March 19, 2010).
20. Attended a National Seminar on "Gender Equality and Economic development in India" organized by the Dept. of Economics M.D.U. Rohtak, on March 22-23, 2010
21. Presented a paper entitled "E-Health : Changing Psycho-Socio Dynamics" in a National Seminar on health and its dynamic: State Market and Society organized by the Dept. of Sociology, M.D.U. Rohtak. (March 26-27, 2010).
22. Presented a paper entitled "Impact of Oral Health on the Quality of Life in Elderly" in a in a National Seminar on Positive Psychology and Health: Interventions and Strategies organized by the Dept. of Psychology, M.D.U. Rohtak. (March 28-29,2010) and also was an Organizing Secretary of this Seminar.
23. Attended First Mid-term CME on May 2,2010 on the topic "Genetic Counselling and Bioethics" organized by the Dept. of Psychiatry, Pt. B.D. Sharma P.G.M.I.S Rohtak.
24. Presented a paper entitled, "Emotional intelligence among professionals: A

- cross-sectional study" In the international conference on "Enhancing, Human Potential: Bio-psycho social Perspectives" at Punjab university Chandigarh (Nov 15-17,2010)
25. Presented a paper entitled, "Women's gender consciousness: Impact on family planning attitude" in the National Seminar on Eliminating Daughters: Paradox of Development in India", organized by Women's Studies Centre MDU, Rohtak (Dee. 15-16, 2010)
Acted as a Rapporteur in the above said Seminar.
 26. Attended National Seminar on "Sir Chhotu Ram :Life and Achievements", jointly organized by Centre for Haryana Studies & Sir Chhotu Ram Chair, MDU, Rohtak (Feb 7, 2011)
 27. Participated in two days National Seminar on MNREGA Feb 22-23, 2011, organized by Dept of Public Administration , MDU, Rohtak
 28. Presented a paper entitled. "Impact of Psycho-socio Environment on the Adjustment of Institutionalized vs. Home Bound Elderly", National Seminar on "Psycho-social Antecedents and Moderators of Environment", organized by Dept of Psychology, B L J S (PG) College Tosham, Bhiwani (March 10-12, 2011).
 29. Presented two papers entitled, "Perception of Medication adherence in chronic Patients : A Comparative Study."
 30. "Quality of life of Hearing Impaired Elderly: Need for Community Interventions" in National Seminar on Community Health Psychology: Research and Applications organized by Psychology Dept , MDU, Rohtak (March 26-27 , 2011) .
Acted as a Rapporteur in the above said Seminar.
 31. Participated in a workshop on Combating Stress on April 9, 2011, organized by Psychology Dept, MDU, Rohtak.